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THPFC Club Training Policy

Applies To: *This policy applies to all full-time and part-time employees, staff members, coaches, technical staff, volunteers, administrators, and contractors employed or engaged by THPFC in any capacity, whether working on-site, off-site, or representing THPFC at games, practices, programs, meetings, events, or other club-related activities.*

Toronto High Park FC – Club Training Policy

The Club will endeavor to provide all players with consistent exposure to the THPFC club-wide game model and curriculum throughout their time with the program. The Club believes that a shared playing identity, common language, and age-appropriate learning pathway provides the best environment for young players to develop, understand the game, and grow as soccer players.

Training Protocol

- The coach arrives 15 mins prior to the session and sets up if possible.
- Players are expected to arrive a minimum 10 mins prior to the session. However, please note that the coach has the authority to request players to arrive earlier than this should it be required for that team/program.
- Coach to interact with players upon arrival.
- Parents/guardians occupy one side of the training facility (when possible).
- Players must greet the coach upon arrival.
- Players must put their bags & water at least two yards away from the field.
- If space permits, the players should start a dynamic warm-up.
- The coach welcomes the group, provides the objectives for the session, and groups the players accordingly.
- Sessions are delivered using either the GAG or progressive model.
- Changes to the session plan must be approved by the Program

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Approved By: THPFC Board of Directors

Manager.

- Learning outcomes & themes are aligned with the club's curriculum.
- Coach to debrief the session and run cool down.
- Players must collect all equipment.
- Players chant the High Park cheer.
- The coach returns equipment to storage if required.
- Players leave the facility attended by parents or guardians.

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