Rules and Discipline:

http://thpfc.ca/main/player-code-of-conduct/

Absolutley no slide tackling. Any slide tackle will result in at least a Yellow card. Slide tackles in the box are not necessarily penatlies, and will be determined by the referee

Dissent to referee is not tollerated. Any dissent or swearing to referres will result in at least a Yellow card

Swearing and unsportsmanlike conduct to peers and fellow players could result in a Yellow card. Referees are asked to show a Yellow in this circumstance.

Rough tackles, clumsy tackles, intent to injure will result in a whistle and possible Yellow card.

In general, treat your peers as you want to be treated. We all want to go to work on Monday without injury.

What constitutes Dangerous Play
http://nisoa.com/instruction/news/2009/06/23/dangerous-play-recognition-and-application-of-the-rule/

From the Club's Official Policies:

Appendix A-12 Discipline

Club's Standard Penalties

Table 2

Table 2: Standard Penalties for Misconduct by a Player Based on Seasonal Playing Offences				
Type #	**Description of Misconduct**	**First playing seasonal Offence**	**Second playing seasonal Offence**	**Third or more playing seasonal Offence**
1.1	First Caution	No action		
1.2	Second Caution	No action		
1.3	Third Caution	1 game suspension		
1.4	Fourth Caution	No action		
1.5	Fifth Caution	2 game suspension		
1.6	Sixth and subsequent cautions	3 game suspension		
1.13	Dismissed for "Receiving a second caution in the same game" for which neither of the cautions was directed at the match official(s).	1 game suspension	3 game suspension	See misconduct 1.22
1.14	Dismissed for "Receiving a second caution in the same game" for which at least one of the cautions was directed at the match official(s).	2 game suspension	4 game suspension	See misconduct 1.22
1.15	Dismissed or reported by game official for "Using offensive, insulting or abusive language and/or gestures" directed at anyone other than the match official(s). If racist or sexual comments - please see 1.73	1 game suspension	3 game suspension	See misconduct 1.22
1.16	Dismissed or reported by game official for "Using offensive, insulting or abusive language and/or gestures" directed at the match official(s).If racist or sexual comments - please see 1.73	3 game suspension	8 game suspension	See misconduct 1.22
1.16A	Dismissed or reported for "using offensive, insulting or abusive language and/or gestures" directed at a match official(s) after having been previously dismissed or reported	6 to 8 game suspension	8-12 games suspension	See misconduct 1.22
1.17	Dismissed for "Denying an opponent a goal or an obvious goal-scoring opportunity by deliberately handling the ball".	1 game suspension	2 game suspension	See misconduct 1.22
1.18	Dismissed for "Denying an opponent a goal or an obvious goal-scoring opportunity to an opponent moving towards the player's goal by an offence punishable by a free kick or penalty kick".	2 game suspension	4 game suspension	See misconduct 1.22
1.19	Dismissed for "Serious Foul Play". (Must occur on the field of play, against an opponent when challenging for the ball, while the ball is in play). Otherwise see 1.21	2 game suspension	4 game suspension	See misconduct 1.22

1.19A	Dismissed for "Serious Foul Play" where in the opinion of the Discipline Hearing Panel there was an obvious "attempt to injure" or "a complete disregard for the safety of an opponent" (Must occur on the field of play, against an opponent while the ball is in play) otherwise see 1.21A	4-8 games suspension	8-12 game suspension	See misconduct 1.22
1.20	Dismissed or reported for "Spitting at an opponent or any other person", other than a game official. NOTE: Spitting at a game official is Misconduct Type 1.52	4 game suspension	8 game suspension	See misconduct 1.22
1.21	Dismissed or reported for "Violent Conduct"	3 – game suspension	6 – game suspension	See misconduct 1.22
1.21A	Dismissed or reported for "Violent Conduct" where in the opinion of the Discipline hearing Panel there was an obvious attempt to seriously injure a registrant or non-registrant.	6 – 10 game suspension	10 – 15 game suspension	See misconduct 1.22
1.22	Received and found guilty of a third dismissal in a playing season within that league or competition	1 – 11 month suspension		
1.23	Senior player played as an ineligible player except for a player who played while under suspension in which case Misconduct Type 1.64 shall apply.	2 game suspension	4 game suspension	8 game suspension
1.25	Re-enters the field of play or player bench area after having been dismissed from the game by the game official	2 game suspension	5 game suspension	See misconduct 1.22

Table 3: Standard Penalties for Misconduct by a Player Based on Lifetime Offences

Type #	Description of Misconduct	First Lifetime Offence	Second Lifetime Offence	Third or more Lifetime Offence
1.51	Match Official Assault for "deliberate physical contact (i.e., pushing, pulling, charging, etc.) or attempted physical contact or threatening	6-12 month suspension + $200 fine	1-3 year suspension + $200 fine	Minimum 5 year suspension
1.52	Match Official Assault for "striking, spitting, kicking, or any form of violent conduct, or attempted violent conduct".	2-5 year suspension	5-10 year suspension + $400 fine	Minimum 10 year suspension
1.61	Failed to attend a discipline hearing at which he/she was accused of Match official assault.			
1.64	Participated in a soccer activity from which he/she was suspended			
1.65	Instigated and/or participated in a brawl between two teams either before, during, or after a game.			
1.66	Senior player acted in contravention of, or failed to act in accordance with, a "Published Rule". (see restrictions in procedure 9.14			
1.67	Acted in a manner deemed to be detrimental to the game. (see restrictions in procedure 9.14)			
1.68	a) Changed any information on a registration form without the consent of the person being registered on such form. b) Provided false or inaccurate information on a registration form. c) Provided an invalid photograph for registration purposes.			
1.69	Provided false information or withheld information (including date of birth; Club, country, and year last registered; etc.) on a player registration form.			
1.70	Provided a false address on the player registration form.			
1.71	Participated in any soccer related activity under a false name.	3-12 month suspension	1-3 year suspension	2-5 year suspension
1.73	Dismissed or reported by a game official or other registrant for racist or sexist comments made during the game or in the vicinity of the playing field either during or after the game	1-3 month suspension	4-6 month suspension	7-12 month suspension
1.74	Reported for "using offensive, insulting or abusive language and/or gestures" directed at a discipline or appeal hearing panel member(s)	3-12 month suspension	1-3 year suspension	2-5 year suspension
1.75	Directly or indirectly encouraged or assisted in the establishment or operation of a soccer organization or competition unless	6-12 month suspension	18-24 month suspension	3-5 year suspension

	a soccer organization or competition unless that soccer organization is an affiliated governing organization of The OSA or the Player is only acting as a player or team official			