Toronto High Park FC
#SheCan Soccer Camp

SHE CAN CAMP OVERVIEW

THPFC's #SheCan Soccer Camp focuses on individual player and personal development in a fun, positive and inspiring environment for women and girls in THPFC. Families will also have the opportunity to discuss the female player pathway with club representatives.

SHE CAN CAMP OUTLINE

Age Group	U7 to U14 Girls
Camp Details	Venue: High Park Soccer Fields Commitment: 5 days (Monday - Friday) Program Hours: 8:30 - 3:30 PM Surface: Grass Fields
Camp Content	Play Activities Athletic Development Technical Practices Fun Games Small Sided Games
Eligibility	Open to all interested girls U7 - U14.
Uniform	Players should wear comfortable athletic and weather appropriate clothing. THPFC training kit is allowed. Shin pads are required, but not supplied. Players should also bring with them a hat, sunscreen, healthy snacks and plenty of water!
Shoe Guidelines	The playing surface is grass and it is recommended that appropriate football cleats be used. Please visit THPFC Shoe Guidelines to learn how to pick the right shoes.
Program Standards	All standards in accordance with the THPFC House League and Development Matrix.